



About the Project

Multiplying Entrepreneurship through Coaching - Building a sustainable support structure for start-up companies mainly from production, services, IT and crafts.

The objective of the project is to create a sustainable structure for developing entrepreneurial competences for SME with less than 5 years seniority, from various sectors, including production, crafts, services or ICT and for continuing support through trained coaches.

Training Workshop Week

As part of the project MultiEntCoach 20 participants came to Regensburg, Germany to attend a Training Workshop Week. In a collaborative and interactive way, the participants dealt with topics like "entrepreneurship versus employment", "adult learning specifics", "the art of facilitating and building support", "necessary soft skills" and other issues.

What trainees told about their experience!

We ask our trainees to tell us what they think about the training sessions and to describe their experiences in two words. See the result!







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"It was a memorable experience, and I have learned a lot of exercises and new soft skills and I am excited about the idea of becoming a mentor."

Useful Motivational

Stephani Theophanous - Cyprus

"The contents learnt helped me identify the right mix of training techniques that need to be delivered to trainees, in order to guide them towards developing their skills and competencies."

Relevant Useful

Elina Spiliotakopoulou - Cyprus

"The training helped me to deeply understand how to introduce in a training strategy elements of mentoring and of coaching for the benefit of the trainees."

Very useful Original

Gratiela Garcea - Romania

"It was a very useful learning experience related to new methods for facilitating the development of soft entrepreneurial skills."

Inspirative Constructive

Manuela Tirtalas - Romania

"The training for coaches was very useful to teach us some strategies to involve and mentor whose want to start a business or is in an early stage of this process."

Useful Relevant

Adalberto Barata - Portugal

"The contents acquired helped me to better plan the training for the students, making them more flexible and gave me a series of different techniques that helped me to better define the training course."

Commitment, Expertise

João Sottomayor - Portugal



More about Training Workshop Week

Special highlights were the speeches of two guests: Christoph Michl from the Office of Economics and Science of the City of Regensburg spoke about the possibilities for entrepreneurs in Regensburg and business start-up consulting, offered by his department. A further impression of the founders' situation in Bavaria was given by Dr. Veronika Fetzer. She presented the Digital Start-Up Initiative Upper Palatinate, which aims to support a sustainable start-up culture in the field of digitization in the Upper Palatinate and beyond. After their speeches, the speakers were available for questions and an open discussion with the participants. Both speeches gave an impression of well working institutions to support entrepreneurs in their founding process and beyond. They can serve as good practice examples and give inspiration for other nations. The agenda of the training workshop week was thus arranged in a variety of ways to illuminate the topic from different perspectives.

The participants rated the workshop to be very useful for the further project process and their work in the home country. The subjects presented as well as the practical exercises were perceived as helpful to take inspiration for the role as a facilitator or coach to new entrepreneurs and managers. A focus was on practical exercises, communication and collaboration in the team, which was perceived as a good approach to learn together and exchange knowledge and experience. All participants could acquire individual "lessons learned" from the workshop and gave positive feedback to the collaboration within the MultiEntCoach Project.

What's next?

The next Training Workshop Week will take place in Cyprus and Romania next May. These training sessions will be targeted to young entrepreneurs running businesses with less than 5 years.

